



***Time For God* by Fr. Jacques Philippe**  
**Reading Group Discussion Guide**

**Use the following questions as guides to deeper individual understanding of the book or for group discussion.**

- 1. "Mental prayer is not a technique but a grace" - discuss this statement that Fr. Philippe makes at the beginning of the book.**
- 2. When you think about the concept of "prayer" what crosses your mind? Is prayer more diverse than you have imagined?**
- 3. What ideas does Fr. Philippe give you for preparing to pray? How is this different from what you have (or have not) been doing?**
- 4. Discuss "perseverance" and it's importance to a life of prayer.**
- 5. "The problem of not enough time" - How does Fr. Philippe address this? How has this changed your perceptions?**
- 6. "Total self-giving to God." What does this mean for Christian life and how does it impact your life of prayer?**
- 7. Reflect on moments in your life when you devote more time to prayer to those when your prayer is infrequent.**
- 8. Fr. Philippe discusses the "primacy of God's action" and the "primacy of love". How does this affect your understanding of your role and God's role in your prayer life?**
- 9. "Time, place and physical attitudes" are important in your prayer life according to Fr. Philippe. Why?**
- 10. What are the "mental conditions" for prayer? Why are they important?**
- 11. How is your concept of prayer and the use of "time" in your life changed by the wisdom of Fr. Philippe's book?**

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